

## Online - Evidence-Based Nutrition Practice Workshop

Time	Day 1 (Jan 27)	Time	Day 2 (Feb 10)	Time	Day 3 (Feb 24)
10:00 AM to 10:10 AM CT	Intro	10:00 AM to 10:10 AM CT	Overview	10:00 AM to 10:10 AM CT	Overview
10:10 AM to 11:05 AM CT	<b>Study Design, PICOTT, 5A Model/Evidence Cycle</b> (Sheri Keitz MD, PhD – Lahey Hospital; Director – Duke Teaching and Leading Evidence-Based Practice Workshop)	10:10 AM to 11:05 AM CT	<b>Systematic Reviews (Diets &amp; CVD)</b> (Bradley Johnston PhD – Texas A&M University; Director and Co-founder, EvidenceBasedNutrition.org)	10:10 AM to 11:05 AM CT	<b>P-values, Confidence Intervals, Effect Size (Diets &amp; Diabetes)</b> (Lehana Thabane PhD – McMaster University; President – Society for Clinical Trials)
15 min	Break	15 min	Break	15 min	Break
11:20 AM to 12:15 PM CT	<b>RCTs – Risk of Bias Assessment, Results, Applicability (Mediterranean Diet &amp; CVD)</b> (Rosa Hand RDN, PhD – Case Western Reserve University)	11:20 AM to 12:15 PM CT	<b>GRADE: Certainty of Evidence, Evidence to Decision (Diet &amp; CVD)</b> (Gordon Guyatt MD, MSc – McMaster University; Co-Chair – GRADE working group; Former Director – McMaster EBP Workshop)	11:20 AM to 12:15 PM CT	<b>Practice Guidelines (Obesity &amp; CVD Management)</b> (Mary Rozga RDN, PhD – Evidence Analysis Library; Academy of Nutrition and Dietetics; Bradley Johnston PhD – Texas A&M University)
30 min	Break	30 min	Break	30 min	Break
12:45 PM to 1:40 PM CT	<b>Therapy Math (Understanding Study Results – Relative &amp; Absolute Estimates)</b> (Eric McCoy MD, MPH – U California Irvine)	12:45 PM to 1:40 PM CT	<b>Tips for Searching the Literature (Olive Oil &amp; CVD)</b> (Farhad Shokraneh PhD – University of Oxford; Cochrane Collaboration)	12:45 PM to 1:40 PM CT	<b>Evaluations, Summary &amp; Closing</b>